# Estimation of nonlinear latent structural equation models using the extended unconstrained approach

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In the past two decades, several approaches for the estimation of single interaction effects in latent structural equation models (SEM) have been published (for an overview: Marsh, Wen, & Hau, 2006; Schumacker & Marcoulides, 1998). Recent literature has begun to consider nonlinear models involving simultaneous interaction and quadratic effects (e.g. Klein & Muthén, 2007; Lee, Song, & Poon, 2004; MacCallum & Mar, 1995). Marsh, Wen, and Hau (2004) developed an unconstrained product indicator approach for the estimation of single interaction effects with robust properties when distributional assumptions are violated. In this article, first, we give a brief overview on the approaches for the estimation of nonlinear SEM. Second, we describe the extended unconstrained approach for the simultaneous estimation of latent interaction and quadratic effects (Kelava, 2009; Moosbrugger, Schermelleh-Engel, Kelava, & Klein, 2009). Third, we apply the extended unconstrained approach to data from work and stress research using the freely accessible sem package (Fox, 2006) in R (R Development Core Team, 2008) and compare it with LMS (Klein & Moosbrugger, 2000) which is implemented in the commercial Mplus (Muthén & Muthén, 2007) software.

Key words: nonlinear structural equation models, estimators, quadratic, interaction, unconstrained approach

Numerous theories within the social and behavioral sciences hypothesize interaction, quadratic effects, or both between multiple independent and dependent variables (Ajzen, 1987; Cronbach & Snow, 1977; Karasek, 1979; Lusch & Brown, 1996; Snyder & Tanke, 1976). For example, Ganzach (1997) studies the relationship between parents' educational level and child's educational expectations. He hypothesizes and finds a simultaneous interactive and quadratic relationship: If at least one parent's education level is high, the educational expectations of the child will also be high, even if the level of education of the other parent is quite low. In terms of the statistical model, this compensatory hypothesis is represented by two positive quadratic effects (for each parent's educational level) and one negative interaction effect. Within the measured variable framework, such hypotheses can be tested by specifying a multiple regression model (see Aiken & West, 1991):

$$CEE = \beta_0 + \beta_1 ME + \beta_2 FE + \omega_{12} ME \cdot FE + \omega_{11} ME^2 + \omega_{22} FE^2 + \varepsilon$$
 (1)

where CEE is the child's educational expectation, ME is the mother's educational level, FE is the father's educational level, and  $\epsilon$  is a residual. The  $\gamma$ s are the coefficients of the linear effects. Following Klein and Moosbrugger's (2000) and Klein and Muthén's (2007) notation, the  $\omega$ s are the coefficients of the nonlinear effects.

To clarify the necessity for models with simultaneous interaction and quadratic effects consider, for example, Ganzach's compensatory hypothesis. The hypothesis that only one parent's educational level needs to be high for high educational expectations of the child could not be tested with an (ordinary) single interaction effect model. A model with a single interaction effect would predict that each parent's education has to be high for a high educational expectation of the child. This would be the interpretation of a positive interaction effect which would result if the quadratic terms were omitted in the analysis<sup>1</sup>. In Equation (1), the opposite

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<sup>1</sup> The true negative interaction effect and the two positive quadratic effects could reduce to one single positive interaction effect when the quadratic effects are omitted.

signs of the quadratic and interaction effects assure the compensatory relationship.

Since most variables in the behavioral sciences are measured with less than perfect reliability, a regression analysis often is not appropriate. Having non-perfectly reliable predictors results in biased estimates of the regression coefficients, especially for the nonlinear effects (Bohrnstedt & Marwell, 1978; MacCallum & Mar, 1995). Structural equation modeling (SEM) produces theoretically error free estimates of the effects of latent variables, overcoming this reliability problem (Marsh et al., 2004; Schumacker & Marcoulides, 1998). But, structural equation modeling of interaction and quadratic effects has rarely been used by practitioners. This is partly due to the error-prone model specification within the traditional product indicator approaches (for an overview: Marsh et al., 2006). And, it is partly due to the necessity to use specialized commercial software, e.g. LISREL (Jöreskog & Sörbom, 1996) or Mplus (Muthén & Muthén, 2007), in order to specify and estimate nonlinear SEM.

## Goals of the article

The major goals of this article are threefold: First, we will give a brief overview on the approaches for the estimation of nonlinear SEM. Second, we describe the extended unconstrained approach for the simultaneous estimation

of latent interaction and quadratic effects (Kelava, 2009; Moosbrugger, Schermelleh-Engel, Kelava, & Klein, 2009). Third, we will apply the extended unconstrained approach to data from work and stress research using the freely accessible sem package (Fox, 2006) in R (R Development Core Team, 2008) and compare it with LMS (Klein & Moosbrugger, 2000) which is implemented in the commercial Mplus (Muthén & Muthén, 2007) software. Example syntax will be given in the Appendices.

## Approaches for the estimation of nonlinear SEM

Most of the early literature focused on models with a single latent interaction or quadratic effect (e.g. Jöreskog & Yang, 1996; Kenny & Judd, 1984). Recently, the literature has begun to consider more complex models like Ganzach's (1997) model of children's educational expectations involving simultaneous interaction and quadratic effects (Kelava, Moosbrugger, Dimitruk, & Schermelleh-Engel, 2008; Kelava et al., under revision; Klein & Muthén, 2007; Lee et al., 2004; Lee, Song, & Tang, 2007; MacCallum & Mar, 1995). Equation (2) expresses Ganzach's model with one interaction and two quadratic effects (see Equation (1)) within the latent variable framework:

$$\eta = \alpha + \gamma_1 \xi_1 + \gamma_2 \xi_2 + \omega_{12} \xi_1 \cdot \xi_2 + \omega_{11} \xi_1^2 + \omega_{22} \xi_2^2 + \zeta \tag{2}$$

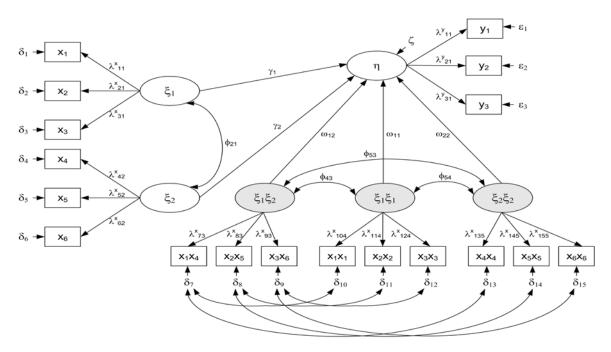


Figure 1. Nonlinear SEM with one interaction effect and two quadratic effects. Each latent variable is operationalized by three indicators. Within the nonlinear measurement model, the measurement error covariances have to be specified, when the latent linear predictors  $\xi_1$  and  $\xi_2$  are correlated (Kelava, 2009).

In Equation (2),  $\eta$  denotes the latent criterion,  $\xi_1$  and  $\xi_2$  are latent predictors, the product  $\xi_1 \xi_2$  represents the interaction term,  $\xi_1^1$  and  $\xi_2^2$  are quadratic terms,  $\alpha$  is the intercept,  $\gamma_1$  and  $\gamma_2$  are linear effects of the predictors,  $\omega_{12}$  is the nonlinear effect of the interaction term, and  $\omega_{11}$ ,  $\omega_{22}$  are the nonlinear effects of the quadratic terms, and finally,  $\zeta$  is the disturbance term. Figure 1 depicts this nonlinear SEM model with one interaction effect and two quadratic effects.

Kenny and Judd (1984) were the first who developed an approach for the estimation of nonlinear SEM. It is called product indicator approach, because multiple product indicators are used for the specification of each nonlinear term's measurement model. Suppose that the normally distributed and centered latent variables  $\xi_1$  and  $\xi_2$  are measured by centered indicators  $x_1, x_2, x_3$  and  $x_4, x_5, x_6$ , respectively (Equation (3)):

$$x = \Lambda^x \cdot \xi + \delta$$

$$\begin{pmatrix}
x_1 \\
x_2 \\
x_3 \\
x_4 \\
x_5 \\
x_6
\end{pmatrix} = \begin{pmatrix}
1 & 0 \\
\lambda_{21}^x & 0 \\
\lambda_{31}^x & 0 \\
0 & 1 \\
0 & \lambda_{52}^x \\
0 & \lambda_{62}^x
\end{pmatrix} \cdot \begin{pmatrix}
\xi_1 \\
\xi_2
\end{pmatrix} + \begin{pmatrix}
\delta_1 \\
\delta_2 \\
\delta_3 \\
\delta_4 \\
\delta_5 \\
\delta_6
\end{pmatrix}$$
(3)

whereas the  $\lambda^{\chi}$  s are factor loadings and the  $\delta$  s are normally distributed measurement errors. The interaction term  $\xi_1 \xi_2$  is measured by products of each latent variable's indicators, for example  $x_1x_4, x_2x_5, x_3x_6$  (see Figure 1). The quadratic term  $\xi_1^2$  is measured by  $x_1^2, x_2^2, x_3^2$ , and so on. Unfortunately, this approach (in its original form) has rarely been used by applied researchers. The main reason is that it involves the specification of nonlinear parameter constraints that are difficult for researchers to implement. Suppose that  $x_2$  and  $x_5$  are indicators of the linear latent predictor variables  $\xi_1$  and  $\xi_2$  (with  $x_2 = \lambda_{21}^x \xi_1 + \delta_2$  and  $x_5 = \lambda_{52}^x \xi_2 + \delta_5$ ), then the indicator  $x_2x_5$  of the interaction term  $\xi_1\xi_2$  would be:

$$x_{2}x_{5} = \underbrace{\lambda_{21}^{x}\lambda_{52}^{x}}_{\lambda_{83}^{x}} \xi_{1}\xi_{2} + \underbrace{\lambda_{52}^{x}\xi_{2}\delta_{2} + \lambda_{21}^{x}\xi_{1}\delta_{5} + \delta_{2}\delta_{5}}_{\delta_{8}}$$

$$= \lambda_{83}^{x}\xi_{1}\xi_{2} + \delta_{8}$$
(4)

The variance decomposition of the indicator product  $x_2x_5$  which is required for the model specification and estimation (for example) in the LISREL software, is given by:

$$Var(x_2x_5) = \lambda_{83}^{x^2} Var(\xi_1\xi_2) + Var(\delta_8)$$
 (5)

where:

$$\lambda_{83}^x = \lambda_{21}^x \lambda_{52}^x \tag{6}$$

$$Var(\xi_1 \xi_2) = Var(\xi_1) Var(\xi_2) + Cov^2(\xi_1, \xi_2)$$
 (7)

$$Var(\delta_8) = \lambda_{21}^{x^2} Var(\xi_1) Var(\delta_5) + \lambda_{52}^{x^2} Var(\xi_2) Var(\delta_2)$$

$$+ Var(\delta_2) Var(\delta_5)$$
(8)

Because factor loadings and variances of the indicator products are functions of the factor loadings and variances of the linear indicators, this estimation approach demands the specification of nonlinear parameter constraints, which is very error prone. Furthermore these constraints only hold if the latent predictors are normally distributed (see Wall & Amemiya, 2001).

Fortunately, two different trends recently emerged, one trying to simplify and expand the product indicator approach, which is the biggest class of approaches, and one coming from a different perspective and using a distribution-analytic approach.

The product indicator approach was particularly developed as reflected in contributions by Jaccard and Wan (1995), Ping (1995, 1996), Jöreskog and Yang (1996), Algina and Moulder (2001), Wall and Amemiya (2001), Marsh et al. (2004), Little, Bovaird, and Widaman (2006). These developments led to simplifications of the specified model. The simplest approach has been published by Marsh et al. (2004). The "unconstrained approach" was developed for the estimation of single interaction effects. It relaxes all nonlinear constraints. This means that, for example,  $Var(\delta_8)$  in Equation (8) is not constrained to the right-hand side combination of the parameters, but instead is estimated freely. In the next section, we will go into detail about this approach and about its extension for the simultaneous estimation of interaction and quadratic effects.

Since the traditional product indicator approach suffers from the violated assumption of multivariate normally distributed variables² when ML estimates are derived, so-called distribution-analytic approaches have been developed that address the nonnormal distribution. Klein and Moosbrugger (2000) developed a Latent Moderated Structural Equations (LMS) approach which approximates the nonnormal distribution of the multivariate indicator vector by a mixture of normal distributions. By applying the EM algorithm (Dempster, Laird, & Rubin, 1977), ML estimates are obtained. LMS computes unbiased standard errors for the nonlinear effects, which are slightly underestimated when applying the product indicator approach (Jöreskog & Yang, 1996; Kelava et al., 2008). Unfortunately, this approach becomes computationally (numerically) intensive as the number of

When applying the ML estimator, it is assumed that the product indicators (e.g., x<sub>1</sub>x<sub>4</sub>) and the y-indicators are normally distributed. This assumption never holds, because products of normally distributed variables are never normally distributed (Aroian, 1944).

nonlinear effects increases. In addition to this, LMS is only available within the commercial Mplus software, but not available within a freely accessible software. In order to overcome the problem of high computational burden and in order to develop a more robust approach when indicators are nonnormally distributed, Klein and Muthén (2007) published a Quasi-Maximum Likelihood (QML) approach. QML permits the estimation of multiple nonlinear effects. It approximates the likelihood of the multivariate nonnormally distributed indicator vector by a normal and a conditionally normal distribution. The parameter estimates are obtained by using a Newton-Raphson algorithm.

In addition to the distribution-analytic approaches (LMS and QML) and product indicator approaches, a variety of less-established, alternative approaches has been developed (for an overview: Marsh et al., 2006; Schumacker & Marcoulides, 1998). For example, there are also Bayesian approaches (Arminger & Muthén, 1998; Lee et al., 2007), a 2-step method of moments (2SMM) approach (Wall & Amemiya, 2000), and a 2-step least squares (2SLS) approach (Bollen, 1995). Elaborated simulation studies need to be conducted with the Bayesian approaches and the 2SMM approach in order to assess the robustness and competitiveness with the established approaches. 2SLS estimates were substantially less efficient when compared to alternative estimation approaches (Klein & Moosbrugger, 2000; Schermelleh-Engel, Klein, & Moosbrugger, 1998).

In the following, we will describe the well-known unconstrained approach (Marsh et al., 2004) and its extension for the simultaneous estimation of interaction and quadratic effects. The unconstrained approach can be implement by using commercial structural equation modeling software (e.g., LISREL) or by using the freely available sem package in R (see Appendix A). The unconstrained approach has proven to have robust properties in specific circumstances (Kelava, 2009; Kelava et al., under revision; Marsh et al., 2004, 2006).

### The extended unconstrained approach

In this section, we will summarize the unconstrained approach for the estimation of single interaction effects as proposed by Marsh et al. (2004, 2006). After this we will present an extension of the unconstrained approach for the simultaneous estimation of interaction and quadratic effects as proposed by Kelava (2009) and Moosbrugger et al. (2009). We provide a detailed Technical Appendix showing how to estimate the models using the freely accessible sem package (Fox, 2006) in R (R Development Core Team, 2008).

### Marsh et al.'s (2004) unconstrained approach

The main idea of the unconstrained approach is to relax all constraints formulated by Kenny and Judd (1984) that

make the specification of the interaction model complicated (see Equations (5) - (8)) and to estimate these parameters freely. Suppose we have a simple interaction model:

$$\eta = \alpha + \gamma_1 \xi_1 + \gamma_2 \xi_2 + \omega_{12} \xi_1 \xi_2 + \zeta \tag{9}$$

with normally  $\xi_1$ ,  $\xi_2$  distributed and  $\zeta$  variables with means equal to zero. The linear measurement models are given by:

$$\mathbf{x} = \mathbf{\Lambda}^{\mathbf{x}} \cdot \boldsymbol{\xi} + \boldsymbol{\delta}$$

$$\begin{pmatrix} x_1 \\ x_2 \\ x_3 \\ x_4 \\ x_5 \\ x_6 \end{pmatrix} = \begin{pmatrix} 1 & 0 \\ \lambda_{21}^x & 0 \\ \lambda_{31}^x & 0 \\ 0 & 1 \\ 0 & \lambda_{52}^x \\ 0 & \lambda_{62}^x \end{pmatrix} \cdot \begin{pmatrix} \xi_1 \\ \xi_2 \end{pmatrix} + \begin{pmatrix} \delta_1 \\ \delta_2 \\ \delta_3 \\ \delta_4 \\ \delta_5 \\ \delta_6 \end{pmatrix} \tag{10}$$

and

$$\mathbf{y} = \mathbf{\Lambda}^{\mathbf{y}} \cdot \mathbf{\eta} + \mathbf{\varepsilon}$$

$$\begin{pmatrix} y_1 \\ y_2 \\ y_3 \end{pmatrix} = \begin{pmatrix} 1 \\ \lambda_{21}^{y} \\ \lambda_{31}^{y} \end{pmatrix} \cdot \mathbf{\eta} + \begin{pmatrix} \varepsilon_1 \\ \varepsilon_2 \\ \varepsilon_3 \end{pmatrix}$$
(11)

with centered and normally distributed  $\delta$  and  $\varepsilon$  measurement error variables. The nonlinear measurement model is given by:

$$\begin{pmatrix}
x_1 x_4 \\
x_2 x_5 \\
x_3 x_6
\end{pmatrix} = \begin{pmatrix}
1 \\
\lambda_{83}^x \\
\lambda_{93}^x
\end{pmatrix} \cdot \xi_1 \xi_2 + \begin{pmatrix}
\delta_7 \\
\delta_8 \\
\delta_9
\end{pmatrix}$$
(12)

Although we assume that  $\kappa_1 := E(\xi_1) = 0$  and  $\kappa_2 := E(\xi_2) = 0$  the latent expectation  $\kappa_3 = E(\xi_1 \xi_2)$  will be equal to  $Cov(\xi_1 \xi_2)$  and thus needs to be estimated (or otherwise constrained).

In summary, since parameter estimation is based on empirical and model implied covariance matrices (like in LIS-REL or in the sem package), the following parameters have to be estimated freely:

- regression coefficients:  $\alpha, \gamma_1, \gamma_2, \omega_{12}, \lambda_{21}^x, \lambda_{31}^x, \lambda_{52}^x, \lambda_{62}^x, \lambda_{83}^x, \lambda_{93}^x, \lambda_{21}^y$ , and  $\lambda_{31}^y$
- variances and covariances of the latent predictors:  $Var(\xi_1), Cov(\xi_2, \xi_1), Var(\xi_2)$ , and  $Var(\xi_1\xi_2)$
- variances of the disturbances:
   Var(ζ), Var(δ<sub>1</sub>), Var(δ<sub>2</sub>),..., Var(δ<sub>9</sub>), Var(ε<sub>1</sub>), Var(ε<sub>2</sub>), and
   Var(ε<sub>3</sub>)
- latent expectation of the nonlinear predictor:  $\kappa_3$  (or otherwise constrained to  $Cov(\xi_1, \xi_2)$ )

For purposes of model identification,  $\lambda_{11}^x, \lambda_{42}^x, \lambda_{73}^x$ , and  $\lambda_{11}^y$  have to be fixed at 1 and need not to be estimated.

Instead of estimating the structural model's latent intercept  $\alpha$  and the latent expectation  $\kappa_3$ , latent intercepts of the outcome indicators ( $y_1, y_2, y_3$ ) and product indicators ( $x_1x_4, x_2x_5, x_3x_6$ ) can be estimated, too. For example,  $\alpha$  could be omitted in Equation (9). Then, the latent intercepts  $\tau_1^y, \tau_2^y$ , and  $\tau_3^y$  must be estimated within a modified outcome measurement model:

$$\begin{pmatrix} y_1 \\ y_2 \\ y_3 \end{pmatrix} = \begin{pmatrix} \tau_1^y \\ \tau_2^y \\ \tau_3^y \end{pmatrix} + \begin{pmatrix} 1 \\ \lambda_{21}^y \\ \lambda_{31}^y \end{pmatrix} \cdot \eta + \begin{pmatrix} \varepsilon_1 \\ \varepsilon_2 \\ \varepsilon_3 \end{pmatrix}$$
(13)

In the modified product indicator measurement model, then  $\tau_1^x, \tau_2^x$ , and  $\tau_3^x$  must be estimated, when omitting  $\kappa_3$ :

$$\begin{pmatrix} x_1 x_4 \\ x_2 x_5 \\ x_3 x_6 \end{pmatrix} = \begin{pmatrix} \tau_1^x \\ \tau_2^x \\ \tau_3^x \end{pmatrix} + \begin{pmatrix} 1 \\ \lambda_{83}^x \\ \lambda_{93}^x \end{pmatrix} \cdot \xi_1 \xi_2 + \begin{pmatrix} \delta_7 \\ \delta_8 \\ \delta_9 \end{pmatrix}$$
(14)

If the indicator variables  $x_1,...,x_6$  are nonnormally distributed, Marsh et al. (2004) propose to estimate  $Cov(\xi_1\xi_2,\xi_1)$  and  $Cov(\xi_1\xi_2,\xi_2)$  additionally, because these covariances are not equal to zero, if the latent predictors  $\xi_1$  and  $\xi_2$  are nonnormally distributed. If it can be assumed that nonnormality results from nonnormally distributed measurement error variables of the linear indicators (e.g., ceiling effects can produce a nonnormal  $\delta_2$  measurement error variable), then measurement error covariances between the linear and their related nonlinear indicators (e.g.,  $Cov(\delta_2, \delta_8)$ ) should be specified and estimated, too (because both,  $x_2$  and  $x_2x_5 =: x_8$ , contain the nonnormal  $\delta_2$  which is also part of  $\delta_8$ ). A nonlinear SEM with a single quadratic effect, instead of an interaction effect, is specified analogously.

The extended unconstrained approach for the simultaneous estimation of latent interaction and quadratic effects

In this subsection we present the extension of the unconstrained approach for the simultaneous estimation of interaction and quadratic effects. In order to keep it as simple as possible, we will assume that the latent predictors  $\xi_1$  and  $\xi_2$  and their indicators are normally distributed and centered (with zero means).

Equation (15) shows the nonlinear SEM with both effect types:

$$\eta = \alpha + \gamma_1 \xi_1 + \gamma_2 \xi_2 + \omega_{12} \xi_1 \cdot \xi_2 + \omega_{11} \xi_1^2 + \omega_{22} \xi_2^2 + \zeta$$
 (15)

The linear measurement models for  $\xi_1$ ,  $\xi_2$  and  $\eta$  are given by Equations (10) and (11). The nonlinear measurement model is given by (cp. Figure 1):

$$\begin{pmatrix}
x_{1}x_{4} \\
x_{2}x_{5} \\
x_{3}x_{6} \\
x_{1}^{2} \\
x_{2}^{2} \\
x_{3}^{2} \\
x_{4}^{2} \\
x_{5}^{2} \\
x_{6}^{2}
\end{pmatrix} = \begin{pmatrix}
1 & 0 & 0 \\
\lambda_{83}^{x} & 0 & 0 \\
\lambda_{93}^{x} & 0 & 0 \\
0 & 1 & 0 \\
0 & \lambda_{114}^{x} & 0 \\
0 & \lambda_{124}^{x} & 0 \\
0 & 0 & 1 \\
0 & 0 & \lambda_{143}^{x} \\
0 & 0 & \lambda_{153}^{x}
\end{pmatrix} \cdot \begin{pmatrix}
\xi_{1}\xi_{2} \\
\xi_{1}^{2} \\
\xi_{2}^{2}
\end{pmatrix} + \begin{pmatrix}
\delta_{7} \\
\delta_{8} \\
\delta_{9} \\
\delta_{10} \\
\delta_{11} \\
\delta_{12} \\
\delta_{13} \\
\delta_{14} \\
\delta_{15}
\end{pmatrix} \tag{16}$$

Once again,  $\kappa_3 = E(\xi_1 \xi_2)$ ,  $\kappa_4 = E(\xi_1^2)$  and  $\kappa_5 = E(\xi_2^2)$  are not equal to zero in general. These expectations of the nonlinear latent variables have to be constrained or estimated freely.

When estimating a nonlinear SEM with simultaneous interaction and quadratic effects, additional measurement error covariances of the nonlinear indicators (e.g.  $Cov(\delta_0, \delta_{11})$ ) must be specified, because they are not zero when  $Cov(\xi_1, \xi_2)$ ≠ 0 (Kelava, 2009; Kelava et al., 2008). This should be the case in most research situations. If the covariances are not specified, the estimates of the nonlinear effects will be severely biased (Kelava, 2009). Unfortunately, these additional covariances have been omitted not only in early literature (Kenny & Judd, 1984), but also in recent literature (Lee et al., 2004). Suppose that  $x_2x_5$  is an indicator of  $\xi_1\xi_2$  and  $x_2$ is an indicator of  $\zeta_1^2$  (see Figure 1). Then  $Cov(\delta_8, \delta_{11})$  must be estimated, because  $x_2$ 's measurement error  $\delta_2$  is part of  $x_2x_5$  (see Equation (4)) and part of  $x_2^2$ ). In Figure 1, we have used double-sided arrows to show that the measurement error covariances have to be estimated freely.

As long as variables are centered and normally distributed, measurement error covariances between linear and non-linear indicators (e.g.,  $Cov(\delta_2, \delta_8)$ ) need not to be estimated, because they are third moments and are equal to zero. When the variables are nonnormally distributed, they will not be equal to zero and need to be estimated, too (assuming the model being identified).

Within the extended unconstrained approach, the following parameters have to be estimated freely:

- regression coefficients:  $\alpha, \gamma_1, \gamma_2, \omega_{12}, \omega_{11}, \omega_{22}, \lambda_{21}^x, \lambda_{31}^x, \lambda_{52}^x, \lambda_{62}^x, \lambda_{83}^x, \lambda_{93}^x, \lambda_{114}^x, \lambda_{124}^x, \lambda_{145}^x, \lambda_{155}^x, \lambda_{21}^y, \text{ and } \lambda_{31}^y$
- variances and covariances of the latent predictors:  $Var(\xi_1), Cov(\xi_2, \xi_1), Var(\xi_2), Var(\xi_1 \xi_2), Cov(\xi_1^2, \xi_1 \xi_2), Var(\xi_1^2), Cov(\xi_2^2, \xi_1 \xi_2), Cov(\xi_2^2, \xi_1^2), and Var(\xi_2^2)$

- variances of the disturbances:
   Var (ζ), Var (δ<sub>1</sub>), Var (δ<sub>2</sub>),..., Var (δ<sub>15</sub>), Var (ε<sub>1</sub>), Var (ε<sub>2</sub>),
   Var (ε<sub>3</sub>), Cov(δ<sub>7</sub>,δ<sub>10</sub>), Cov(δ<sub>8</sub>,δ<sub>11</sub>), Cov(δ<sub>9</sub>,δ<sub>12</sub>),
   Cov(δ<sub>7</sub>,δ<sub>13</sub>), Cov(δ<sub>8</sub>,δ<sub>14</sub>), and Cov(δ<sub>9</sub>,δ<sub>15</sub>)
- latent expectations of the nonlinear predictors:  $\kappa_3$ ,  $\kappa_4$  and  $\kappa_2$ .

For purposes of model identification  $\lambda_{11}^x, \lambda_{42}^x, \lambda_{73}^x, \lambda_{104}^x, \lambda_{135}^x$ , and  $\lambda_{11}^y$  have to be fixed at 1 and need not to be estimated.

As before, instead of estimating  $\alpha$  and  $\kappa_3$  -  $\kappa_5$ , latent intercepts  $\tau_1^y, \tau_2^y$ , and  $\tau_3^y$  of the outcome indicators  $y_1, y_2$ , and  $y_3$ , and latent intercepts  $\tau_1^x, \tau_2^x, ..., \tau_9^x$  of the nonlinear product indicators  $x_1x_4, ..., x_1^2, x_2^2, ..., x_6^x$  can be specified, too (cp. Equation (13) and (14)).

Empirical example from the work and stress research

In this section, we provide a very brief empirical example from the work and stress research which is based on a data set that has already been published in a larger publication by Diestel and Schmidt (2009)<sup>3</sup>. In their publication, the authors examined the relationship between 'work load' (wl) and 'anxiety' (ax) and found that the variable 'demands for impulse control' (ic) is a significant moderator of that relationship. In detail, they found that higher work load and higher demands to control emotional impulses lead to increased anxiety. In addition to these linear effects, higher work load leads to higher anxiety when the demands to control emotional impulses are high.

In terms of a regression model, this result can be expressed by the following Equation (17):

$$ax = .551wl + .185ic + .155wl \cdot ic + \zeta$$
 (17)

where the explained variance is  $R^2 = .492$  and N = 574.

The (standardized) data were analyzed with LMS (Klein & Moosbrugger, 2000) which is implemented in the the commercial Mplus (Muthén & Muthén, 2007) software. As can be seen from Equation (17), there is a strong effect of work load and a relatively high interaction effect of work load and demands for impulse control.

We reanalyzed the original data set and specified an additional quadratic effect for the demands for impulse control. We applied two approaches: First, we used the extended unconstrained approach which can be implemented in the non-commercial sem package (Fox, 2006) in R (R Development Core Team, 2008). Second, we analyzed the data with the additional effect using the LMS approach. A detailed description on how to apply both approaches is given in Appendix A (sem package) and Appendix B (Mplus).

Table 1
Results of the reanalysis of the Diestel and Schmidt (2009) data with the extended unconstrained approach and the LMS approach

Approach	Parameter	Estimate	Standard error	z-value	p
Extended unconstrained approach	$\gamma_1$	.534	.060	8.881	< .001
	$\gamma^2$	.171	.043	4.018	< .001
	$\omega_{12}$	.238	.083	2.853	.004
	$\omega_{22}$	071	.041	-1.727	.084
LMS approach	$\gamma_1$	.545	.061	8.974	< .001
	$\gamma_2$	.166	.041	4.014	< .001
	$\omega_{12}$	.190	.055	3.487	< .001
	$\omega_{22}$	072	.037	-1.943	.052

In order to illustrate the procedure for both approaches, a hypothetical data set was generated and analyzed.

The analyzed model can be summarized by the following Equation (18):

$$ax = \gamma_1 wl + \gamma_2 ic + \omega_{12} wl \cdot ic + \omega_{22} ic^2 + \zeta$$
 (18)

Results are given in Table 1. As can be seen, in both approaches, there are significant linear effects and a significant interaction effect (according to the analyses of Diestel & Schmidt, 2009). But, in LMS there is also a significant quadratic effect of the demands for impulse control. In the unconstrained approach, we were modeling the additional (proposed) measurement error covariances of the product indicators and linear indicators, in order to account for the non-normality in the data, and found that there is no significant quadratic effect. Since Diestel and Schmidt (2009) report substantive non-normality in the data, the significant additional quadratic effect in LMS might be spurious. Simulation studies (Brandt, 2009) and theoretical considerations (Klein & Muthén, 2007; Kelava et al., under revision) have shown that LMS (but not QML!) should be more vulnerable to non-normality (due to its distributional assumptions).

# DISCUSSION

In this article three goals were set. First, we gave a short overview on the different types of approaches for the estimation of nonlinear structural equation models. Mainly two approaches have shown to be easily applicable by applied researchers. While the application of the distribution analytic approaches has been described in Kelava et al. (under revision), the user-oriented description on how to apply the product-indicator approach when estimating multiple nonlinear effects has not been published, by now.

Second, we described the unconstrained approach in detail (Marsh et al., 2004) and extended the original model with one interaction effect to a model with one interaction effect and two quadratic effects, because the unconstrained

<sup>3</sup> We gratefully thank Stefan Diestel for sharing the original data.

<sup>4</sup> Appendices are available at the journal webpage http://psihologija.ffzg.hr/review.

approach has shown to have some robust properties (Kelava, 2009; Marsh et al., 2004).

Third, we provided a brief example from the work and stress research finding an quadratic effect of 'impluse control' on 'anxiety' with LMS, but not with the unconstrained approach. The additional quadratic effect might be spurious. In the Appendix, we show how the original and extended unconstrained approach can be implemented in the sem package in R. This gives the opportunity for applied researches to estimate latent nonlinear effects within a noncommercial software.

There are several advantages of estimating multiple non-linear effects. One advantage refers to the development of behavioral theories containing interaction and quadratic effects (Ganzach, 1997). For example, Ganzach's theory on educational expectations leads to completely different predictions when models are estimated that contain both effect types, interaction and quadratic effects, instead of containing one interaction effect only. A simple interaction effect model predicts a high educational expectation, if both parents' educational levels are high, whereas Ganzach's theory hypothesizes a compensatory effect of the parents' educational levels. Therefore, models with an adequate amount of nonlinear effects need to be estimated and need to be accessible for a broad audience.

Another advantage results from a statistical perspective. A model with both effect types (i.e., with one interaction and two quadratic efects) serves better as a comparison model than a linear one when testing the significance of interaction effects with the  $\chi^2$ -difference test (Klein, Schermelleh-Engel, Moosbrugger, & Kelava, 2009). In contrast to the hitherto widespread usage of the linear model as a comparison model for interaction effects, Klein et al. argue that an additive model containing quadratic and linear effects is more adequate. One important point is that spurious interaction effects can occur instead of true - but unspecified - quadratic effects due to the correlation of the nonlinear terms, if the linear predictors are correlated (cf. Ganzach, 1997; Lubinsky & Humphreys, 1990).

Therefore the extension of the unconstrained approach for the simultaneous estimation of quadratic and interaction effect is an important issue for testing the significance of interaction effects.

There are some limitations that need to be considered. First, we concentrated on the usage of non-overlapping indicators for each nonlinear term (e.g.  $x_1x_4, x_2x_5$ , and  $x_3x_6$  as indicators of  $\xi_1\xi_2$ , instead of using  $x_1x_4, x_1x_5, x_1x_6, x_2x_5$  etc.). This was necessary in order to reduce the model complexity and might lead to a slight decrease in validity. But, a modification with different numbers of indicators can be implemented with a reasonable amount of effort (for a comparison of different numbers of nonlinear indicators for the interaction model see Marsh et al., 2004). Second, although the approach has proven to be robust under some circumstances, an underestimation of standard errors of the nonlin-

ear effects can occur which leads to an increased Type I error rate if assumptions are violated (e.g. nonnormal distribution of the linear predictors, high multicollinearity). It might be an advantage to use bootstrap procedures to overcome this problem (Efron, 1979).

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